

**Karen Sugg** lives in Crestview, Florida, with her husband of many years, Rob Sugg — retired U.S. Air Force Chaplain, Presbyterian minister, and former paramedic.

Karen graduated from North Kingstown High School in 1969 and went on to earn her undergraduate degree in elementary education in 1973 and later a master's degree in severe and profound special education from Rhode Island College. She has an additional master's degree in mild and moderate special education from Providence College.

From 1974 to 2002, Karen devoted 28 years of her professional life to special education in Rhode Island. She began her career with the State of Rhode Island's residence for mental retardation, the Joseph Ladd Center (Ladd School) in Exeter. Her career path led her to early intervention for birth to age 3 in Woonsocket, then back to the Ladd School until its closure in the early 90s. There she served as a Qualified Mental Retardation Specialist (QMRP) where she significantly contributed to the development of policies, coordinating a professional team from 9 different disciplines. Finally, Karen transferred to the Rhode Island Training School for youth. She loved her kids.

In 1987 Karen married Rob and provided him with much sacrificial love and support with his new ambulance service. During this same time she was ordained an elder in the

Presbyterian Church (USA) where she taught the Old and New Testaments and served as a volunteer at a community homeless shelter.

She is both a master gardener and embroiderer. The exterior and interior of the Sugg home was a floral masterpiece at which passersby would often stop in admiration. She is still active in needlework, keeping her hands busy and making and giving hand-made tokens of love to friends and strangers.

Beginning in 1998 with Rob's retirement from emergency medical services and ordination and commission as a USAF Chaplain, Karen juggled multiple households and states. Throughout their marriage, Karen and Rob navigated the unique demands of military life, moving with Rob's U.S. Air Force assignments across the country to include Andrews AFB (Washington DC), Tyndall AFB (Florida), Fort Hood Army Base (Texas), Eglin AFB (Florida), Grand Forks AFB (North Dakota), and Joint Base McGuire-Dix-Lakehurst (New Jersey). This timeframe includes Rob's multiple deployments to Korea and the Middle East for a total of two years as a solo military spouse. On every installation Karen became a "mom" to young single service members. Karen served wherever she was planted and received an award for leadership from the Tyndall AFB wing commander.

In 2014, Rob retired from active duty and they settled in Crestview, Florida.

In 2019, Karen and Rob launched Truth for the Soul (TFTS), a Biblically-grounded independent platform dedicated to news curation, research, and commentary on current events, faith, ethics, and spiritual discernment. Karen continues to serve as an essential partner in this ministry alongside Rob's ongoing pastoral and chaplaincy work.

Between 2021 and 2024 Karen survived eleven days in ICU with COVID followed by cancer, radiation, and chemotherapy. She survives by the grace of God and His very real presence.

Today Karen enjoys a slower pace, spending quality time with God and enjoying her husband, her friends, and her crafts.